

LIFEPOINTS - ADULT RESOURCE PROGRAM



The Program

The LifePoints - Adult Resource Program provides a range of services designed to support and empower adults with disabilities to: maintain and enhance their physical and emotional well being in order to satisfactorily meet their life needs.

The program offers assessments, advice, support and information to adults with cerebral palsy and their carers in the Sydney metropolitan, Hunter and Central Coast areas of New South Wales.

Carer and staff education, training and information are major activities of the LifePoints - Adult Resource Program in assisting the community to meet the needs of adults with disabilities.

The Service is Provided Through:

- Regular review, assessment and advice on physical and functional abilities and equipment needs
- Assessment of specific acute conditions or injuries and advice on treatment *
- Assistance to access community health providers, physiotherapists, doctors, dentists, etc.
- Advice regarding mobility and mobility devices, including hoisting and transferring equipment and methods
- Advice regarding home modifications, equipment to enhance independence (including telecommunications) and upper and lower limb function
- Regular review and advice regarding mealtime management, nutrition, health and safety issues
- Functional assessment for personal care needs
- Carer and staff education and training.

(* Some services may not be available in all regions.)

Locations

Sydney

North and East Sydney Region

McLeod Centre, 189 Allambie Road, Allambie Heights, NSW 2100

Tel: 02 9975 8400

South and West Sydney Region

Fairfield City Marconi Centre, 224-244 Restwell Road, Prairiewood, NSW 2176

Tel: 02 9757 4322

Hunter and Central Coast

Stuart Centre, Parklea Avenue, Croudace Bay, NSW 2280

Tel: 02 4946 9199

... /



The Spastic Centre

321 Mona Vale Road

Terrey Hills NSW 2084

PO Box 184 Brookvale 2100

T 61 9479 7200

F 61 9479 7291

E scnsw@tscnsw.org.au

W www.thespasticcentre.com.au

Further Information

To access the LifePoints - Adult Resource Program, or for direction on other services that may meet your needs, contact:

PATHWAYS

The Spastic Centre information, referral, intake and planning unit

1300 888 378

Anyone may refer to Pathways

