

# LIFEPOINTS - RURAL



## How services are offered?

Our experience and current research indicates that best results are achieved if therapy services are:

- incorporated into the child's or young person's daily routines.
- targeted at key times according to individual and changing needs.

We support families and children to:

- identify their own needs, goals and aspirations.
- build resilience and feel confident about the choices they make.
- focus on participation within their communities.

We support communities to:

- understand and acknowledge the needs of families and children with disabilities.
- foster positive attitudes and encourage participation by all.

## What services are offered?

Some of the ways in which we may be able to help are:

- Assisting families and children to learn new skills in mobility, communication, self-care and mealtime management.
- Supporting families and teachers in making home and school layout easier.
- Working with teachers and families to help children get the most out of school.
- Connecting families through support groups and other community based initiatives.
- Providing information and advice about transport and vehicle options for safe travelling.
- Giving ideas on recreational and leisure options and linking with community options.
- Offering advice on specialised equipment and support in funding applications.
- Helping teenagers prepare for life after school and their transition to adulthood.
- Delivering a range of information and education opportunities to families and their communities.

## Who can access our services?

- Families with children who have cerebral palsy (0-18 years).
- Families with children who have significant and complex needs as a result of their disability (5-18 years).

Due to funding variations, eligibility criteria may be broader in your area. Please contact your local team.

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## How to contact us?

### Central West

96 Prince Street, Orange NSW 2800,  
PO Box 2551, Orange NSW 2800  
Tel: 02 6360 1455, Fax: 02 6360 1644

### Far South Coast

2809 Princes Highway, Moruya NSW 2537  
PO Box 260, Moruya NSW 2537  
Tel: 02 4474 5990, Fax: 02 4474 5993

### Illawarra and Shoalhaven

Nowra Team, 51 Plunkett Street, Nowra NSW 2541  
PO Box 828 , Nowra 2541  
Tel: 02 4423 6244, Fax: 02 4423 4695

### Mid and Far North Coast

2b High Street, Alstonville, NSW 2477  
PO Box 410, Alstonville, NSW 2477  
Tel: 02 6628 5976, Fax: 02 6628 3875

### New England

CB Newling Campus, Cnr Faulkner & Kentucky Streets, Armidale NSW 2350  
PO Box W14, Armidale NSW 2350  
Tel: 02 6772 0978, Fax: 02 6772 0154

### Orana Far West

140 Gipps Street, Dubbo NSW 2830  
PO Box 1027, Dubbo NSW 2830  
Tel: 02 6882 1077, Fax: 02 6882 8077

### Riverina

38 Murray Street, Wagga Wagga, NSW 2650  
PO Box 5152, Wagga Wagga, NSW 2650  
Tel: 02 6921 9743, Fax: 02 6921 9796

### ACT and Southern Tablelands

Mnt Rogers Community Centre, 55 Crofts Crescent, Spence ACT 2615  
PO Box 233, Kippax ACT 2615  
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